

evf HOW Plus report 2019

In 2019, six EVF HOW Plus courses were organized. The formula of the EVF HOW Plus courses, is small participant groups with stimulating programs containing inter-active elements and practical aspects. Education is provided by some world -renowned experts which guarantees a high level of participant experience and satisfaction.

On the 21st and 22nd of March, in Hospital Central Cruz Roja in Madrid, Spain, 12 participants took part in the first EVF HOW Plus course of the year, on **Sclerotherapy**. The course director was Dr Lourdes Reina Gutierrez, Spain, and the participants had an excellent opportunity not only to evaluate venous patients in the ambulatory clinic, but also to observe the experienced tutors while performing sclerotherapy with foam or liquid sclerosant. In addition, the learners could train their technical skills on simulators. All together the course was very practical, and the main goal was to improve practice in sclerotherapy.



EVF HOW Plus Sclerotherapy in Madrid

On the 8th and 9th of April 2018, at the Department of Vascular Surgery in Modena, Italy, the EVF HOW Plus '**Deep Valve Repair**' Course was organized by Prof. Oscar Maletti and Dr Marzia Lugli with 4 participants. This course offered a unique experience, whereby participants not only gained knowledge from a world leading Centre in this particular field, but also had the possibility to 'scrub in' with the experts in the operating room. The participants were learning all they wanted to know about vein valve reconstructions in primary and secondary venous disease.

On the 6th and 7th of May 2018 in the Department of Vascular Surgery in Modena, another EVF HOW Plus course was dedicated to the practical aspects of **Venous Stenting**, again organized by Marzia Lugli and Oscar Maletti. This was an excellent opportunity for 4 qualified participants to improve their practical skills in venous stenting procedures and performance. Several

venous stenting procedures were performed where the participants had an opportunity to scrub-in.



EVF HOW Plus Venous Stenting and Valve Repair Courses Modena

On the 22th and 23rd May and later once again in the fall, on 2nd and 3rd of October 2019, the EVF HOW Plus **Venous Stenting Training Days** were organized twice this year by Dr Stephen Black and his team, at Guy's and St Thomas' Hospital, London UK. The London course was supported by another world well known leader in the field of the local thrombolysis – Professor Niels Baekgaard from Copenhagen, Denmark. Over the two courses, a total of 32 participants had the opportunity to see and discuss many live deep venous cases – directly transmitted from the OR. They could also obtain more detailed knowledge about the indications, qualification and techniques of venous stenting procedures and local thrombolytic treatment. The role of IUVS as well as dedicated venous stents was also presented and discussed.



EVF HOW Plus London Sent and Thrombolysis Training Days

Finally, on the 15th and 16th November, for the first time a EVF HOW Plus course was organized focusing on '**Lymphedema treatment**' in the Lympho-Opt Clinic in Hohenstadt, Germany under the lead a world expert in lymphology, Dr Franz-Josef Schingale, and his team. The 8 participants of this course learned all practical details about stationary and ambulatory treatment of patients with lymphedema. They saw how patients with different stages of lymphedema benefit from a holistic approach, including compression treatment, physiotherapy and many other techniques. The delegates could also practice bandaging, which is the key of an efficient lymphedema treatment.



EVF HOW Plus Lymphedema Treatment Course

In 2020 the EVF HOW Plus program will continue with a variety of practical courses covering different topics of venous disease, diagnostics and treatment. Detailed information will be available on our website www.evfvip.com