

9<sup>th</sup> EVF HOW  
HANDS-ON WORKSHOP on VENOUS DISEASE  
Grand Resort, Limassol, Cyprus, 25-27 October 2018

## SCIENTIFIC PROGRAMME

Thursday 25 October 2018

07.30 Welcome

### Chronic Venous Disease (CVD) - Basics

*Moderator: Tomasz Urbanek (Poland)*

- 07.45 Definition of Venous Symptoms. *Lena Blomgren (Sweden)*  
07.55 Pathophysiology of CVD. *Andrew Nicolaidis (Cyprus)*  
08.10 Importance of CEAP classification in CVD. *Marianne De Maeseneer (The Netherlands)*  
08.20 How accurate are our tests for reflux and obstruction? *Olivier Pichot (France)*  
08.35 Evaluation tools for CVD patients and assessment of outcomes. *Stephen Black (UK)*  
08.45 *Discussion*

### Non-invasive Treatment of CVD

*Moderator: Lena Blomgren (Sweden)*

- 08.55 Are drugs indicated and efficient? *Armando Mansilha (Portugal)*  
09.05 When to use bandages? *Karin van der Wegen (Netherlands)*  
09.15 When to use stockings? *Arkadiusz Jawien (Poland)*  
09.25 When to use intermittent pneumatic compression (IPC) *Prakash Saha (UK)*  
09.35 *Discussion*
- 09.40 Coffee break
- 10.00 **Live demonstration DUPLEX ULTRASOUND OF THE DEEP VENOUS SYSTEM**  
*Olivier Pichot (France) and Stylianos Papas (Cyprus)*

10.30 **Introduction to the Workshop** – when, where and how? *Marianne De Maeseneer (The Netherlands)*

10.40-12.40

**Workshops:** *Organiser: Marianne De Maeseneer (The Netherlands)*

*Duplex investigations, Saphenous ablation (thermal/non-thermal), Foam sclerotherapy, Mini-Phlebectomy, Pelvic vein incompetence, Bandaging, Compression stockings, Intermittent compression devices, IVUS, Stenting, Ulcer treatment, Treatment strategies for superficial venous problems, Thrombolysis, Veno-active drugs*

12.40 Lunch

### Primary superficial incompetence (1)

#### Optimal technique

*Moderator: Marianne De Maeseneer (The Netherlands)*

- 13.40 **VIDEO**, preoperative marking, vein puncture, cannulation (Seldinger), the different catheters which can be used, positioning of the tip, ablation (with laser, RF, steam,

mechano-chemical, glue), additional phlebectomies; then showing foam sclerotherapy, and modern high ligation + stripping in local tumescent anesthesia

13.55 When, why and how to save the saphenous vein (ASVAL)? *Sylvain Chastanet (France)*

14.05 Which method should you choose? *Steve Elias (USA)*

14.15 *Discussion*

14.25 Importance of perforators. *Olle Nelzén (Sweden)*

14.35 Intervention for recurrence (PREVAIT). *Marianne De Maeseneer (The Netherlands)*

14.45 Pelvic congestion syndrome. *Thomas Heller (Germany)*

14.55 **Case presentations**

15.40 Coffee break

**16.00 - 18.00**

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**Friday 26 October 2018**

### **Primary superficial incompetence (2)**

#### **Focus on foam sclerotherapy**

*Moderator: Katy Darvall (UK)*

07.45 Cosmetic treatment: vein viewer-guided sclerotherapy, CLaCS a.o. *Uldis Maurins (Latvia)*

07.55 How to avoid complications of foam sclerotherapy? *Tomasz Urbanek (Poland)*

08.05 Treatment of recurrent varicose veins with foam. *Katy Darvall (UK)*

08.15 *Discussion*

### **Management of acute Thromboembolism (1)**

*Moderator: Tomasz Urbanek (Poland)*

08.25 CTV, MRV, IVUS and venography in the venous workup (acute DVT and CVD).  
*Haraldur Bjarnason (USA)*

08.35 Thrombophilia in patients with DVT: who should be tested? *Andrew Nicolaides (Cyprus)*

08.45 Do the direct oral anticoagulants (DOAC's) change the treatment of VTE? *Armando Mansilha (Portugal)*

08.55 The problem of recurrent DVT. *Andrew Nicolaides (Cyprus)*

09.05 Current treatment of superficial vein thrombosis. *Arkadiusz Jawien (Poland)*

09.15 *Discussion*

09.25 **Case presentations**

10.10 Coffee break

**10.30 – 12.30**

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12.30 Lunch

### **Management of acute Thromboembolism (2)**

*Moderator: Stephen Black (UK)*

13.30 Catheter-directed thrombolysis combined with venous stenting. *Niels Baekgaard (Denmark)*

13.40 Pharmaco-mechanical and mechanical thrombectomy. *Haraldur Bjarnason (USA)*

13.50 How to avoid post-thrombotic syndrome? *Tomasz Urbanek (Poland)*

14.00 *Discussion*

14.10 **Case presentations**

15.30 Coffee break

**16.00 - 18.00**

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## **Saturday 27 October 2018**

### **Diagnosis and treatment of chronic venous insufficiency (C3-C6)**

*Moderator: Haraldur Bjarnason (USA)*

07.45 Sequential treatment plan for CVI. *Adam Gwozdz (UK)*

07.55 Management of venous ulcers as per guidelines. *Tomasz Urbanek (Poland)*

08.05 Clinical practical management of venous ulcer. *Arkadiusz Jawien (Poland)*

08.15 *Discussion*

08.25 Treatment of deep vein obstruction. *Haraldur Bjarnason (USA)*

08.35 Valve repair in primary and postthrombotic deep vein reflux. *Steve Elias (USA)* + video  
*Oscar Maleti and Marzia Lugli (Italy)*

08.45 *Discussion*

09.00 **Case presentations**

10.00 Coffee break

**10.30 – 12.30:**

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12.30 Lunch

### **Diagnosis and treatment of lymphedema**

*Moderator: Tomasz Urbanek (Poland)*

13.20 State-of-the-Art management of patients with lymphoedema. *Franz-Josef Schingale (Germany)*

13.35 *Discussion*

13.40 **Case presentations**

14.50 Coffee break

15.10 – 17.10:

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17.10 End

## 2018 WORKSHOP

Thursday 25 October – 10.30: Introduction of workshops by Marianne De Maeseneer.

- Duration of each workshop is 2h. Each workshop contains 4 stations, i.e. 25 min/station and 5 min to wrap up and change. Each group will consist of 20 participants with 5 participants/station
- Workshop: Station 1 -25min, change -5min, Station 2 -25min, change -5min, Station 3 -25min, change -5min, Station 4 -25min

Duplex ultrasound workshop coordinator: Stylianos Papas (Cyprus)

Electronic attendance card signed by each workshop faculty. Needs to be full to receive end-of-course Diploma with full CME points. Make sure the faculty confirms your attendance.

### Rotation schedule

	Thursday 25 October		Friday 26 October		Saturday 27 October	
	10.40-12.40	16.00-18.00	10.30 -12.30	16.00-18.00	10.30-12.30	15.10-17.10
Workshop	Group	Group	Group	Group	Group	Group
1	A	F	E	D	C	B
2	B	A	F	E	D	C
3	C	B	A	F	E	D
4	D	C	B	A	F	E
5	E	D	C	B	A	F
6	F	E	D	C	B	A

#### Workshop 1

- Station 1. Intermittent Compression Device  
(K Lobastov/Cardinal Health)
- Station 2. Bandage (K van der Wegen/L&R)
- Station 3. RF Ablation (R Singh Ranger/Medtronic)
- Station 4. Compression Therapy  
(FJ Schingale/Medi Germany)

#### Workshop 2

- Station 1. Ulcer Treatment (O Nelzén/BSN)
- Station 2. Laser Ablation (U Maurins/Biolitec)
- Station 3. Foam Sclerotherapy (K Darvall/STD)
- Station 4. Mechano-chemical Ablation  
(T Zubilewicz/Balton)

#### Workshop 3

- Station 1. Stenting (S Black/Medtronic)
- Station 2. Superficial Venous Problems (S Elias)
- Station 3. Foam Sclerotherapy (T Urbanek/Kreussler)
- Station 4. Pelvic Vein Incompetence (T Heller)

#### Workshop 4

- Station 1. Venous Medical Adhesive  
(KH Schelp/Medtronic)
- Station 2. Stenting (H Bjarnason/Bard)
- Station 3. Thrombolysis and anticoagulation  
(N Baekgaard, A Gwozdz)
- Station 4. Mini-Phlebectomy (S Chastanet)

#### Workshop 5

- Station 1. Stenting (P Saha/Veniti)
- Station 2. Stocking (A Jawien/Bauerfeind)
- Station 3. Veno-active Drugs (A Mansilha/Servier)
- Station 4. IVUS (D Greenstein/PhilipsVolcano)

#### Workshop 6 (Ultrasound)

- Station 1. Recurrent Varicose Veins (S. Papas)
- Station 2. Abdominal and Pelvic (N Georgiou)
- Station 3. Superficial Incompetence (L Blomgren)
- Station 4. Deep Venous Obstruction (O Pichot)